

MEET YOUR LOCAL CHARITY HEROES!

OAKVILLE

RESILIENCY REPORT

& GIVEOAKVILLE CHARITY CATALOGUE



AT THE BACK OF THIS REPORT YOU WILL FIND THE 2020 GIVEOAKVILLE CATALOGUE, WITH MORE THAN 50 PROJECTS FROM OUR COMMUNITY IN NEED OF SUPPORT.

OR VISIT WWW.GIVEOAKVILLE.CA.



oakville
community
foundation



Land Acknowledgement

We acknowledge that Oakville lies on the traditional territories of the Wendat, Haudenosaunee and Anishnaabe.

We recognize that these lands include Treaties 14 and 22 with the Mississaugas of the Credit First Nation. We also acknowledge the many First Nations, Metis and Inuit people who now call our Town home.

We are grateful for the guidance of the Mississaugas of the Credit First Nation and the many Indigenous knowledge keepers and community leaders who have shared their knowledge on this reconciliation journey.

THE OAKVILLE RESILIENCY REPORT

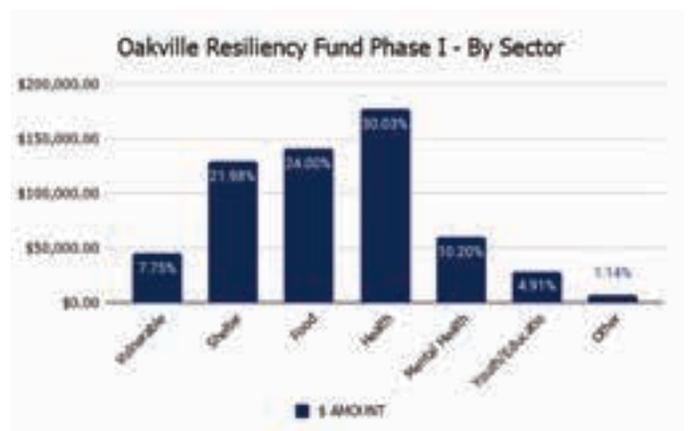
NEIGHBOURS HELPING NEIGHBOURS

On March 17, Oakville went into lockdown after the Ontario government declared a State of Emergency from the COVID-19 pandemic. Oakville businesses, schools and government offices closed as we stayed at home to flatten the curve.

It was not easy. Our lives changed in an instant as our social circles shrank: children couldn't play with their friends and many sons and daughters couldn't hug their parents. Our homes became the workplace, the school, the childcare centre, the fitness and recreation hub. For some, the family home was a well-stocked refuge with unlimited internet access for work and entertainment. For other neighbours, it was a time of great insecurity from job loss, frontline work, isolation and great danger to their personal safety. Essential workers and charitable organizations faced an invisible virus every day to ensure we still had access to our basic necessities.

Despite the insecurity, we found our Resiliency to support each other through this crisis. Neighbours checked up on each other, dropped off groceries and stayed connected by celebrating special events with car parades or painting messages of encouragement on windows, driveways and rocks.

Within weeks The Foundation's **Oakville Resiliency Fund** began distributing over \$625,000 to frontline charities — **OUR COMMUNITY HEROES**. These funds were raised from caring community members like a local doctor who donated \$200,000 to ensure no family went hungry and the "We Love Oakville" coalition of residents' associations who began their own fundraising initiative to help build the Resiliency Fund.



The Resiliency Fund does not have sufficient funds remaining to address the ongoing challenges in our local charity sector. We are again reaching out to our community for help.



As we write this report, Oakville's COVID caseload is increasing, which will again stretch the capacity of our local charities to respond. At a time when Oakville's charities are facing greater requests for help, their traditional fundraising events have stopped.

The COVID-19 pandemic has significantly damaged the financial health of Canada's charities with almost half predicting that their financial situation will be even worse in the next six months.

The health of Oakville's charity sector is vital to our community. Local charities play a major role in our day-to-day lives, from providing basic needs to nurturing growth and development opportunities, to realizing our passions and purpose. They are a hidden backbone to our long-term community resiliency.

We need our charities to be there for the next waves and beyond. And we need your help.

So how do we move forward? And more importantly, what can you do?

From now until December 15th you can donate to the charities listed in the **GIVEOakville** catalogue, included in the back of this report. **We have identified \$100,000 in Resiliency Funding to be directed by you, Oakville community members, which will complement your giving and further support local charities.**

This report is about our community and our future. Our Resiliency Report shares the local impact of the crisis and great work that our charities continue to do in our community that you can help support. This catalogue is for us to rally behind the organizations that are supporting our community. Please help them to continue their good works.

Help us write the next chapter of this report with a positive conclusion.

Wendy and Brian



Wendy Rinella, Oakville Community Foundation CEO and Brian Hanna, Board Chair. Photo taken in 2019.



193,382 NEIGHBOURS



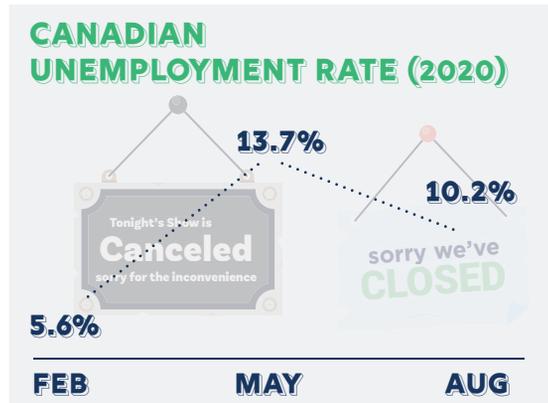
OUR TOWN HAS GROWN BY 6.2% FROM 2011-2016

1 IN 3 IN OAKVILLE IS A VISIBLE MINORITY

LARGEST RACIALIZED COMMUNITIES

- SOUTH ASIAN: 8.92%
- CHINESE: 7.01%
- ARAB: 3.18%
- BLACK: 2.88%
- ABORIGINAL ANCESTRY: 2.69%

DURING THE LOCKDOWN, THE CANADIAN ECONOMY SUFFERED ITS WORST 3 MONTHS ON RECORD CONTRACTING AT 38.7% FROM MARCH TO JUNE, ACCORDING TO STATSCAN. WHILE THERE HAS BEEN A REBOUND, AUGUST SAW 2 MILLION CANADIANS UNEMPLOYED, WHICH IS NEAR TWICE AS MANY AS THERE WERE IN FEBRUARY.

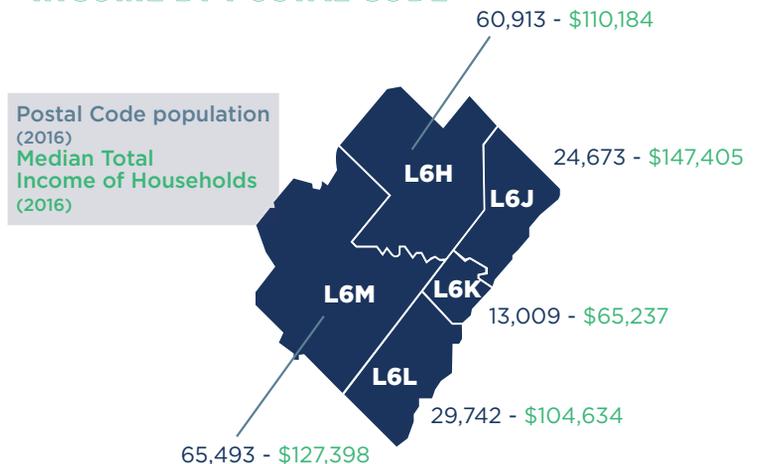


A GREATER SHARE OF LOW INCOME HOUSEHOLDS THAN THE REGION

9.7%	8.2%
OAKVILLE RATE	HALTON RATE
18,685 PEOPLE	44,485 PEOPLE

Low Income Measure - After Tax (LIM-AT) (2016)
A measurement between the low and middle or typical income levels; fixed percentage of median (50%) adjusted after-tax income.

POPULATION AND MEDIAN HOUSEHOLD INCOME BY POSTAL CODE



SAME STORM DIFFERENT BOATS

The Foundation has often reported on Oakville as a Community of Contrasts. There's a greater gap between wealthy and low-income families in Oakville: we have the highest average household income and the highest number of food bank users in the Region. There's also a large population of private schools while one in eight youth lives in poverty.

Low Income Households

Many lower-income Ontarians did not have the opportunity to work from home and continued to work on front lines at long-term care facilities, in grocery stores and in shipping and transportation and have experienced greater rates of infection. The population group with the highest rate of inequality in Ontario (26.8% low income) has almost twice as many cases of COVID-19 than the population group with the lowest

inequality rate (10.3% low income). A similar pattern is emerging in Oakville according to the Region's mapping of COVID-19 cases. The South Central neighbourhood has a rate of 26.1 cases per 100,000 and aligns to the postal code beginning with "L6K" that has a median household income of \$65,237. The wealthiest postal code in Oakville, "L6J", has a median household income of \$147,405 and has a significantly lower rate of infection at 15.0.

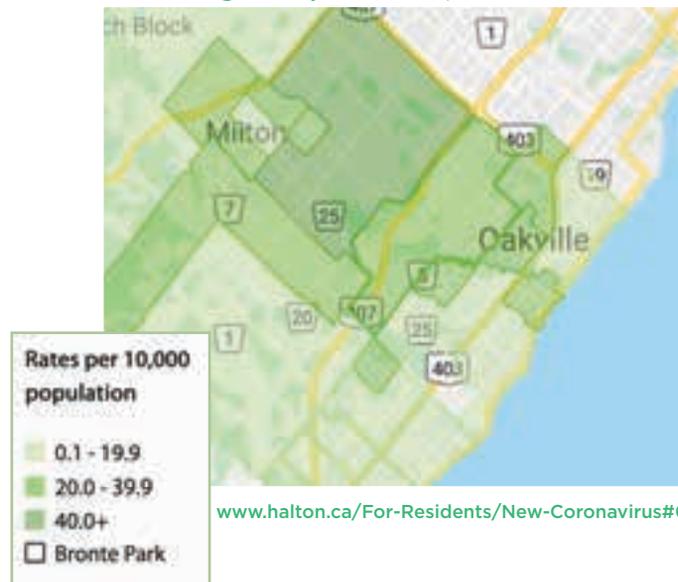
Racialized Communities

Similarly, new immigrants and racialized communities have experienced higher cases of COVID-19. There is a correlation between the number of COVID cases and fatalities and the diversity of a population. The most diverse population in Ontario (67% visible minority) has had nearly seven times the amount of COVID-19 cases and twice as

CHARITY HERO

Canadian Caribbean Association of Halton - Beat the COVID-19 Blues by providing 2,020 Caribbean meals to isolated community members and more than 10 hours of Caribbean and African musical entertainment.

Map of COVID-19 cases by neighbourhood in Halton Region September 27, 2020



many COVID-19 related deaths than the least diverse population (2.5% visible minority). One-third of Oakville's population identifies as a visible minority or with Indigenous heritage.

The pandemic has exaggerated the inequities across our community and country and laid bare the need for greater inclusion of many of our racialized and low-income neighbours. Local Charity Heroes have stepped in to support these neighbours. (see below)

Women

Women have also faced a greater impact on their ability to earn an income and personal health and safety during this pandemic. Daycare, school and camp closures burdened remote working parents with competing priorities of work, school and child care. This "She-cession" hit women hardest and some working-aged women are no longer actively seeking work, and instead are caring for children and family members.

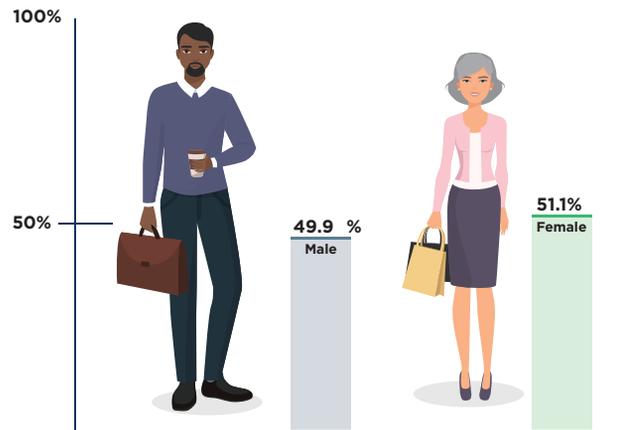
Home was not the safest place for many women in our community, and for some the most dangerous. In April, Halton Regional Police received a 19% increase in calls, a 15% increase in arrests, and an 81% increase in the number of charges laid related to intimate partner violence over April 2019. At the same time, calls to crisis lines decreased during the lockdown by as much as 50%, without a safe place to call for help. By the end of July, as restrictions lessened, calls to **Halton Women's Place** had more than doubled.

At the start of the pandemic, women had greater exposure and were more likely to contract COVID-19 working in essential services like health care and long-term care. As restrictions have been lifted, the cases

CHARITY HERO

Halton Women's Place has changed service delivery to accommodate social distancing in living quarters and now has dedicated staff to prepare meals for everyone.

between men and women have started to even out. Slightly more than half of the nearly 500 reported Oakville cases have been women and a third of cases have occurred in the 40-59 age range.



COVID Cases between Men and Women are beginning to even out

Our community has not escaped the loss of loved ones nor the long-term consequences of those who contracted COVID-19. Three families have lost a loved one to the pandemic. Many people who have had COVID-19 also report long term debilitating conditions. These "long-haulers" will need our support going forward. It is these times of loss when a supportive community is critical.

"Community members have been able to rely on the continued support of local charities through the crisis for food, shelter, health, well-being, education and community connection."

- Wendy Rinella, Foundation CEO

CHARITY HERO

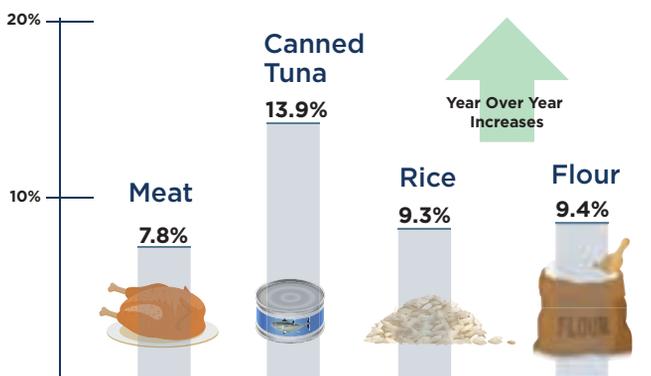
Dar Foundation and The Salaheddin Islamic Centre - ran a family intake and food delivery program for Oakville's Muslim community.

FOOD INSECURITY

Food insecurity is not a new problem in the Oakville community, but it is a challenge that has been exacerbated by COVID-19. In 2019, we reported that about 1 in 14 Halton households experienced food insecurity in the previous two years. Almost 1 in 7 Canadians surveyed during the pandemic indicated that they had experienced food insecurity in the last 30 days, an increase from 1 in 10 in 2018. **Food for Life** reports that Oakville has the largest total number of people using their fresh food bag program during COVID-19 in Halton.

In 2019 the average weekly cost of a basic healthy diet for a family of four in Halton was \$228. During the pandemic, prices of basic staples have increased up to 14% due to

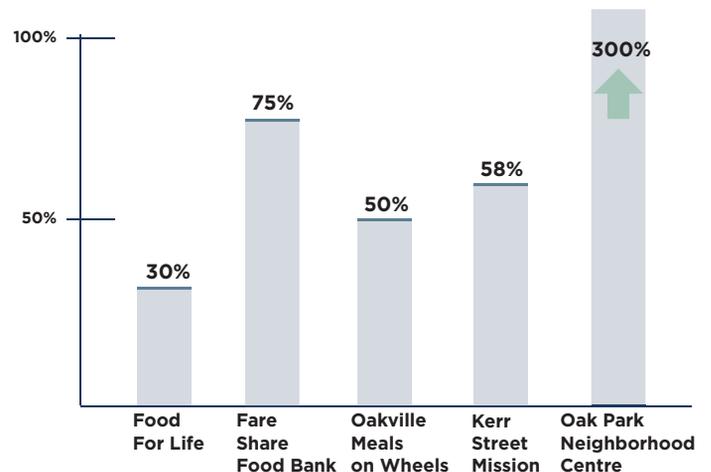
Basic Food Prices Have Increased Dramatically



supply disruptions and high demand adding significantly to grocery budgets.

Since the pandemic started, food charities are reporting between a 30% and 300% increase in requests for food at a time when they have fewer volunteers and donations.

Charity Food Heroes Demand Increases



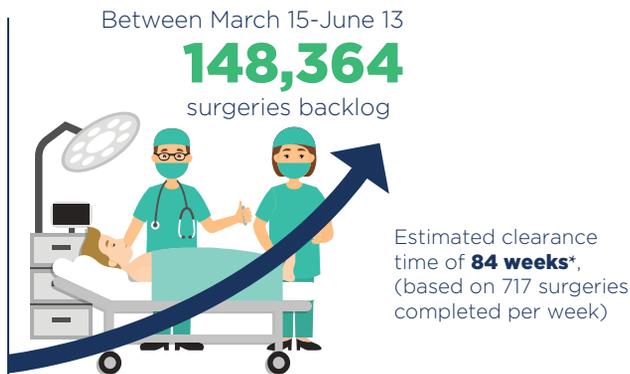
CHARITY HERO

Kerr Street Mission

established their new Community Deliveries program to deliver grocery items to individuals at-risk for COVID-19 who cannot attend the food bank.

PHYSICAL HEALTH

Health concerns other than COVID-19 continue to play a part in people's day-to-day lives. Unfortunately, appointments and surgeries in clinics and hospitals have been postponed and cancelled due to the pandemic. As a result, the surgical backlog in Ontario will take more than a year and a half to work through. This has also impacted our local hospital, with the **Oakville Hospital Foundation** indicating increased wait times for surgeries.



Oakville Trafalgar Memorial Hospital
Provincial Figure of Surgery Backlog for Ontario

Charitable organizations that support people with physical health diagnoses, like the **Wellspring Cancer Support Foundation**, have struggled to reach their clients, keep their spirits up and offer support. There are

CHARITY HERO

Acclaim Health has cared for many people with COVID-19 and continued at-home nursing, personal support and hospice care throughout the pandemic.

significant delays in treatment and surgeries for patients dealing with cancer diagnoses, some of whom are immuno-compromised and therefore the most vulnerable to COVID-19.

According to **Acclaim Health**, which supports clients with dementia diagnoses, since closing their in person programs, more than half of their clients have reported reduced mobility and a third have accessed emergency rooms or been hospitalized. Organizations have turned to virtual support services to combat isolation.

Acclaim Health, Impact of Program Closures on Clients

56%

of clients report reduced mobility

44%

have accessed emergency rooms or been hospitalized



HOUSING & SHELTER

Finding safe housing and shelter, and keeping it, during the COVID-19 pandemic has been difficult for many. This is not a new problem for our community and we have reported on the lack of affordable housing in Oakville for many years.

About 1 in 7 Oakville residents live in subsidized family units and nearly half of all Oakville renters spend more than the recommended 30% of their income on shelter. For residents living month to month, purchasing large quantities of supplies to avoid leaving their home so often is not possible.

Physical distancing and sanitization rules have caused shelters to reduce their bed capacity, enforce quarantine periods, purchase and provide personal protective equipment (PPE) for all staff and clients and prioritize clients considered high risk by moving them into hotels.

Organizations that provide rent subsidies, like **Home Suite Hope**, or that support residents in subsidized housing have also had to account for their clients' other needs.

CHARITY HERO

“The Resiliency Fund allowed us to provide for our residents during a very tumultuous time. It relieved financial pressure and allowed us to provide our residents in a caring, respectful way.”

**The Salvation Army,
Lighthouse Emergency Shelter**

16 calls over 1 week related to pet surrender



Oakville & Milton Humane Society

Many people also have their pets to think about, with some having to temporarily surrender them to organizations like the **Oakville & Milton Humane Society** for reasons related to finances, mental health issues and even people who are temporarily hospitalized.

Long-Term Care residences and Retirement Homes have been severely affected with COVID-19 outbreaks impacting residents and essential workers. To date Oakville fortunately has not experienced any deaths in long-term care facilities, unlike other regions.

Fear of future outbreaks isolated residents from their family, friends and organizations that provide services such as classes, events and music and art therapy. Organizations like the **Willow Foundation** have had to turn to virtual services.

11 LTC outbreaks in Oakville
28 LTC outbreaks in Halton

10 LTC cases in Oakville
106 LTC cases in Halton

0 LTC deaths in Oakville
14 LTC deaths in Halton

As per October 6, 2020.
(LTC - Long-Term Care)

MENTAL HEALTH

Feelings of isolation, anxiety and depression are on the rise and for many, the full effects of the COVID-19 pandemic on mental health has not yet been seen. A survey found that 66% of Ontarians believe there will be a mental health crisis post COVID-19.

Canadian Mental Health Association Halton Region Branch indicated that the effects of the pandemic have made bad situations worse, and not necessarily brought on new mental health conditions but exacerbated pre-existing conditions. Many of the calls they receive to their counselling line are related to feelings of anxiety and isolation. On the other side, they also reported that for some individuals, the pandemic has reduced the pressure they feel to be out, social and active.

Concerning is the uptick in reports of suicide ideation and thoughts of suicide, with 1 in 20 Canadians saying they had experienced thoughts or feelings of suicide in 2020 compared to 1 in 40 in 2019, with higher rates among specific populations.

Suicidal Ideation Increase During Pandemic

1 in 7 Canadians with a disability

1 in 5 Canadians with a pre-existing mental health condition

1 in 6 Indigenous Canadians

1 in 7 Canadians who identify as LGBTQ+

Additionally, people in recovery situations due to domestic abuse, substance abuse, grief support and many more are struggling and missing support services. **Shifra Homes** has indicated a major increase in requests for mental health support including psychotherapy and counselling for both residents and community members.

Grief support groups have indicated the toll that isolation has taken on their clients. Suicide-loss support charity **HeartAche2Hope** has seen a 60% increase in their client base compared to 2019. The **Lighthouse for Grieving Children** expects to see their clients double since the start of the pandemic.

CHARITY HERO

“The effects of COVID-19 physical distancing has been detrimental to griever who already feel traumatized and isolated... We have responded to this increased need by doubling our open group sessions” Heartache2Hope



EDUCATION & SCHOOLS

Days before March Break it was announced that schools would close, at first short-term, then to the end of the school year. Sheridan College closed its Oakville campus and began offering online programs. Students began to work online and family members became their tutors and teachers. In June, graduation ceremonies were held virtually and prom parties were held in social bubbles. The short-term impact on students has been clear: they've been isolated from their peers and forced to learn in an environment that may not have suited their learning style. At this point, the long term impact on students remains unknown.

Community Classroom, The Foundation's arts, culture, heritage and environmental

programming for publicly-funded schools in Oakville, moved online in April to allow students to continue to experience the programs including painting, learning about instruments and more.

About 70% of students returned to classrooms this Fall with approximately 30% continuing to learn remotely. Students participating in-person wear masks, remain socially distanced and have no extracurricular activities. Parents across Ontario have been stressed over the decision to send their kids back to school.

There are also hidden issues due to school closures, such as difficulties for those with learning disabilities and special needs or



- Parents in Ontario worried about their child contracting COVID-19 at school shelter
- Parents in Ontario worried about their child bringing COVID-19 home
- Ontario parents are concerned about their child's motivation and productivity while learning from home

CHARITY HERO

Food For Kids is supporting 211 kids in Oakville with Food Backpacks. Over the course of the pandemic they have been adding an additional 4 backpacks every month.



those requiring basic needs support. Both the **Halton Catholic Children’s Education Fund (HCCEF)** and the **Halton Learning Foundation (HLF)** have indicated that requests for support for basic needs have grown more than 400% since March.

These organizations have been able to send gift cards to families needing support while schools have been closed.

Accessing school food programs or equipment such as computers was an unexpected challenge given some families do not have one or multiple computers at home. School food programs had to pivot

and shifted to at home delivery. Future hybrid learning models of in-school and virtual learning will also mean varied access to nutrition.

Canadian youth between the ages of 15 and 29 also reported higher levels of NEET (Not in Employment, Education or Training) during the pandemic after school closures and jobs were put on hold.

Canadian Youth 15 -29 (NEET) Not in Employment or Training Jumps

February 2020: 1 in 8 Youth NEET



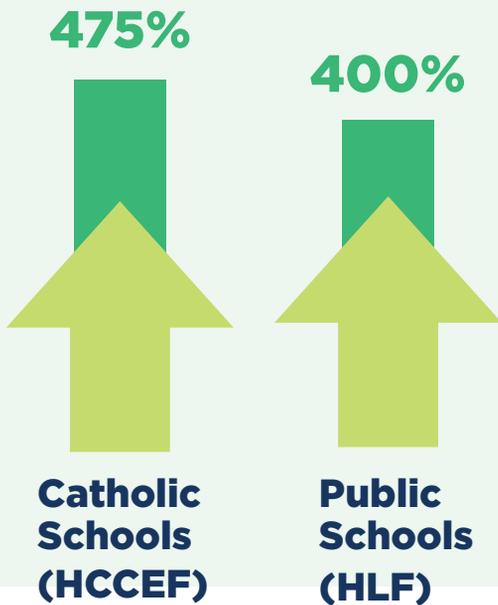
March 2020: 1 in 5 Youth NEET



April 2020: 1 in 4 Youth NEET



Dramatic Increase in Need For Basic Necessities Since Last Year



COMMUNITY CONNECTIONS

ARTS, CULTURE AND RECREATION

Oakville has been home to a diverse range of sports, recreation, arts and cultural organizations that provide many local opportunities and enhance our social fabric. *When we finally emerge from the pandemic will these organizations be there for us to access and enjoy?*

Arts, culture and recreation organizations throughout the country are struggling. In a time where so much attention has been focused on providing basic needs - for good reason - organizations improving access to arts, culture and recreation have taken a backseat.

These organizations were more likely than other types of organizations to report decreased demand, capacity and revenue. They have also faced more difficulty transitioning their programs to virtual settings and developing new programs. Unfortunately, many of the charities have ceased or suspended operations.

The biggest change has been moving in-person classes and activities to an online environment. This includes music classes,

art classes, dance classes, music performances and more. **ArtHouse** saw a 100% decrease in school programs and a 50% decrease in neighbourhood programs. They have been able to move some of their programs online using both live and recorded content.

Organizations that have been mainstays in the community, performing music to crowds year after year, have had their seasons completely cancelled. **The Oakville Symphony** has produced online and virtual content, but it has not been able to replace their revenue streams.

Additionally, recreation organizations such as the **YMCA of Oakville** saw their health and fitness facilities closed and were forced to rely only on virtual exercise and fitness classes. They have recently moved to appointment only access for adult members. For many of these organizations, it has been difficult to access grants and emergency funds that in some cases have been intended for basic needs-focused organizations.

Arts, Culture, and Recreation Organizations Reported



76% a decrease in demand



49% a decrease in capacity



87% a decrease in revenue



87% cancelled in-person programs

43% shifted in-person programs to virtual

43% ceased or suspended operations

CHARITY HERO

ArtHouse became an enhanced essential service providing virtual arts programming and meals to kids and their families.



IT'S YOUR TURN

This report may be rooted in the COVID-19 pandemic, but both its cause and effect involves our community charitable organizations and community members. The Oakville Resiliency Fund has always been about being able to support and help you.

As the seriousness of the lockdown set in, and the requests for help began to increase, we knew that we needed to step in and support our charitable organizations working on the front lines and facing a greater demand for services. We did this in a few ways: we collected and shared information, we reached out to our community to let them know we were here for them and we began to distribute funding, free from applications and paperwork.

Our goal was to ensure that all of our local charitable organizations - and in turn our community's most vulnerable populations - had access to resources, support and funding.

Citations for this Report are available online at
www.theocf.org/oakville-resiliency-report/

We also started to accept donations to the Oakville Resiliency Fund, giving our community a central place to contribute which would then support the greatest needs in Oakville. More than six months later, the need is still there and we still need your help to fulfill requests.

This report is a cohesive retelling of the state of our community - from cases to needs to providers. Every charitable organization referenced in this report is asking for your support to allow them to continue their hard work. They're keeping our community safe, fed, healthy and connected.

GIVEOakville enables more localized granting in our community. This has never been more important than right now. We are all able to imagine the needs, but this time they're right here in front of you.

Each page of this report tells the story of numerous local charities and the people that they are able to help. You can be part of the next chapter.



LEARNING TO APPRECIATE THE SMALL THINGS

By Farah and Rayna Madon

Literally mid-March, when settling into our annual break from the rigors of school, the world stopped dead in its tracks. While my family and immediate outside streets appeared the same, the news channels announced that COVID-19 was no longer an epidemic on the other side of the world, but a global pandemic. Our school announced its closure. We settled into new norms: washing our hands numerous times, social distancing became the newest catch-phrase and wearing masks was the big debate. This invisible but highly contagious and deadly virus appeared to lurk everywhere and a state of fear and uncertainty consumed our lives. Yes, we were in a state of shock as we attempted to grapple with what was deemed the “new normal”.

As to be expected, “survival” was key although very little was known about this virus except that it attacked the respiratory system, some individuals were asymptomatic, some recovered within a few weeks and some, in particular the elderly, appeared to be the most vulnerable. For myself and my sister, we relied upon the guidance of our parents and listened attentively to their cautions. In what was labelled as Phase 1, we created our own safety bubble, no longer physically interacting with our friends and infrequently went outside. Seeing our parents venture biweekly to the grocery stores and return with an insurmountable stockpile of rations, made us think we were experiencing either a dystopian world written about by science-fiction authors or World War III. Despite our real fears, we were able to rely upon each other and our family for support and love.

We now realize that we have taken our family members and lifestyles for granted. Our family has discovered a “silver lining”. We became closer, shared more meals, played games and even worked out together. Truly, our family network became more interconnected as we now value what we had taken for granted. We also recognize that this has not been the case for everyone, and we have had some opportunities not afforded to others. Time itself took on a new dimension: we had time to read, to socialize with our friends via social platforms and to research subjects outside of our school’s curriculum. Days, however, somehow blended into each other so that while we knew it was Monday, it could easily be Friday. Self-discipline was required because our usual structure had been removed. Towards the end of March, our school announced that virtual learning would be adopted and our fears from thinking we would not complete the academic year were relieved.

COVID-19 undoubtedly created negatives, but in coping with these negatives, positives blossomed. We now appreciate our abilities to adapt, our strengths in overcoming fears and uncertainties and the stronger bond within our family. Fundamentally, we do recognize that with every positive there is a negative and with every negative, there is a positive. We are now in Phase 3 and have been told that there will be a second wave. Many uncertainties remain but we do hold hope that this pandemic will be defeated.



HOW CAN I SUPPORT OAKVILLE'S RESILIENCY?

GIVEOakville is a crowdfunding initiative that helps you give where your passions lie while learning about the important charities and programs supporting the most vulnerable in our community. When you choose to give through **GIVEOakville**, you can be confident that you are supporting the greatest needs in Oakville.

Local charities need your support to continue to provide their programming. Consider sharing our report and catalogue with your friends and family easily online and talk about the needs of many in our community.

Remember, your giving will be complemented with an additional \$100,000 from the Oakville Resiliency Fund which will be directed and prorated based on your choices once the catalogue is closed. **Your chosen charity receives 100% of your donation; the Foundation covers all transaction fees.**

Are you interested in learning more about the charities? Navigate to our online catalogue for more information: www.giveoakville.ca

How To GIVE

Choose your Charities from this catalogue.

Go to www.giveoakville.ca and click the **GIVE** button

Find your chosen charities in our online listing.

Choose the Donate button attached to the Charity you would like to support. A new page will open showing the Charity you have chosen.

Enter your donation amount.

To make multiple donations to different charities, simply go back to the listing and repeat the instructions.

When you've made all your donations, go to the "shopping cart" to complete the donation process.

Having Trouble?

For questions on how to donate to GIVEOakville, please contact info@theocf.org.



Acclaim Health

HVAC Infection Prevention Upgrades for New Dementia Care Centre

Help us upgrade the heating, ventilation and air conditioning system in the overnight respite area of the new Dementia Care Centre to healthcare facility standards. The new Dementia Care Centre will ensure people living with dementia have a safe, friendly and enriching space to socialize and engage in activities.



ArtHouse for Children and Youth

Navigating Uncertainty - The Whole Child Project

The Whole Child Project will ensure as role models we enrich our children, help them grow, teach them it's okay to fail and prepare them for all that life offers. The project will centre on delivering weekly fresh meals and providing live virtual programs around cooking, the environment and the arts.



Big Brothers Big Sisters of Halton

Operations

The COVID-19 pandemic has challenged the notion of in-person mentoring, leading Big Brothers Big Sisters Halton to explore alternative forms of mentoring, including virtual. New programming requires more training for volunteers and the hiring of more staff.



Canadian Caribbean Association of Halton

Operations

For more than 43 years the Canadian Caribbean Association of Halton has operated without permanent staff, educating the community on black and Caribbean cultures. The profile, demand and number of programs have increased exponentially and there is more need for a physical space and permanent staff to run more activities and learning opportunities.



Canadian Mental Health Association Halton Region Branch

Free Walk-In/Call-In Counselling

The Canadian Mental Health Association Halton Region Branch provides and promotes mental health and support services for people living with mental health and addiction concerns. Your support will help us continue to offer call-in and virtual counselling at no cost to the client, with counsellors providing both one-on-one and group counselling.



Children's Aid Foundation of Halton

Operations

The Seasonal program provides groceries, toys, winter needs, back to school supplies and holiday support and requires a full-time staff member to review, assess and coordinate the program. The Seasonal program enhances the work by the Children's Aid Society and enriches the lives of children and youth.



Community Living Oakville

Operations

Community Living Oakville supports adults with developmental disabilities and helps them live active, rewarding and fulfilling lives with a growing team of dedicated staff. Physical distancing requirements and increased requests for help means more staff is needed to support the community.



The Darling Home for Kids

Family Support Program

The Family Support Program provides care to each member of the family when children have medical complexities and are experiencing hospice, respite or residential care. Parents and siblings can enroll in the program now being conducted virtually and is run by a Registered Social Worker.



WWW.GIVEOAKVILLE.CA



Easter Seals Ontario

Equipment Funding Program

Help fund urgent requests for equipment needed for families with children and youth that have physical disabilities and are struggling with the impacts of COVID-19. Easter Seals Ontario provides equipment in three categories: mobility, bathroom and toileting and accessibility.



Fare Share Food Bank

Transition to Wire Food Carts

Fare Share Food Bank feeds more than 700 households in the Oakville community and relies entirely on volunteers. Help them replace their cardboard non-perishable food bins with wire food bank carts. These carts last longer, can be cleaned and are on wheels to make driver pickups easier and faster.



Food4Kids Halton

Operations

School may have changed, but needs haven't. Food4Kids Halton has adapted their Weekends Without Hunger program that provides students with food to take home for the weekend. Volunteers will retrain to learn new procedures and more personal protective equipment will be needed to safely deliver the food bags and support students in need.



Food For Life Canada

Operations

Food For Life changed their packing methods as a result of COVID-19, as many food programs switched to prepacked food bags and boxes. This new method of packing food has proved to be efficient and effective and requires staff to maintain the operations of the organization for another year.



Halton Catholic Children's Education Fund

Student Guardian Program

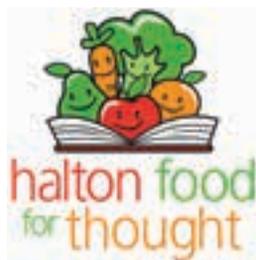
The Student Guardian program helps low-income students in the Halton Catholic School Board overcome challenges like their connection to school, learning and peers when dealing with financial barriers. This funding would allow the HCCEF to purchase gift cards for 115 Oakville families to relieve some financial burden.



Halton Children's Aid Society

Halton Youth Collective Program

This program provides guidance and support to youth aged 18 - 24 exiting the child welfare system. Youth are connected to a caring adult / mentor who will assist in navigating through any barriers that may exist to becoming self-sufficient and satisfied with their education, employment and/or training.



Halton Food For Thought

Healthy Pop Up Hubs

Halton students will not have access to traditional Halton Food For Thought Student Nutrition programs this year due to COVID-19. New Healthy Pop Up Hubs within the community will provide students with access to nutritional snacks on their way to and from school or while at home.



Halton Learning Foundation

Operations

The Halton Learning Foundation aims to eliminate economic barriers to learning for Halton District School Board schools. After schools closed, their ability to support students with gift cards was impacted, requiring staff and teachers to make home deliveries so students and their families can purchase groceries, clothing, school supplies and more.





Halton Women's Place

Operations

Halton Women's Place provides emergency shelter and crisis services to abused women and their children. New physical distancing and cleaning policies have increased costs and eliminated the volunteer program. They have had to adopt creative solutions for the living situations, as new intakes must quarantine, and have closed the communal kitchens.



Heartache2Hope

Operations

Heartache2Hope offers individual and group support services for suicide loss grievors and their families. A shift from in-person supports to online and virtual has incurred new costs for technology and an increase in clients served. An additional staff member is required to keep up with the increased demand.



HIPPY Oakville

Operations

HIPPY Oakville provides free preschool education for children between the ages of 2 and 5 in vulnerable families. The 30-week program teaches pre-reading, pre-writing and pre-match skills. In-person visits have now turned into virtual sessions and supplies and activities are now delivered to doorsteps.



Home Suite Hope

Homeward Bound Halton

Homeward Bound Halton is a three-year program that houses single-parent mothers and gives participants the ability to achieve education and employment alongside wraparound support. Participants continue to receive these supports, some virtually, including check ins, gift cards and other resources.



Ian Anderson House

Operations

Ian Anderson House is Ontario's first residential cancer hospice providing end of life palliative care by healthcare professionals in a home-like setting, without charge. Additional staffing hours and funds are required to keep up with cleaning supplies and sanitation demands due to COVID-19.



Joshua Creek Heritage Art Centre

Operations

Joshua Creek Heritage Art Centre is a gathering place for art exhibitions, musical events, workshops, community gardens and more. The facility has not been able to welcome community members since the start of the COVID-19 pandemic. Funds are needed for long term solutions including technology upgrades.



Kerr Street Mission
Oakville's Mission of Hope

Kerr Street Mission

Operations

Kerr Street Mission provides practical community support for low-income and at-risk individuals in Oakville. The Community Delivery program makes 60 deliveries a week of food items for community members that aren't able to attend the in-person food bank. There is also a need for Family Situation reviews, which would require additional staffing to understand community families and their needs.



Idaho • Learning Disabilities
Association of Halton-Hamilton

Learning Disabilities Association of Halton-Hamilton

Operations

Parents who have a child with learning disabilities already have the challenge of navigating the special education system and advocating for their children. With students heading back to school in a new learning environment, parents are in need of extra support, requiring additional staffing and infrastructure.



WWW.GIVEOAKVILLE.CA



The Lighthouse for Grieving Children

Operations

The Lighthouse for Grieving Children provides peer support groups for grieving children, youth and their families. Support has moved from in-person to online and virtual which has allowed more people to participate who otherwise wouldn't have been able to in-person. This increase requires a part-time staff member.



The Lion's Foundation of Canada Dog Guides

Facility Support Dog for Radius Youth and Child Services

The Lion's Foundation of Canada Dog Guides will provide a facility support dog guide to Radius Youth and Child Services to assist children and youth in traumatic situations. A dog guide can assist with the assessment and clinical interviews, crisis intervention and individual and family therapy sessions by providing comfort and support.



Literacy South Halton

Operations

Literacy South Halton clients are among the most vulnerable in our community as adults with the lowest literacy levels and who have been diagnosed with severe learning disabilities. Creative writing can improve writing skills and help address emotions. The creative writing program will culminate with a book of their collected works.



March of Dimes Canada Non-Profit Housing Corporation

Jean and Howard Caine Apartments Kitchen Renovations

The Jean and Howard Caine Apartments in Oakville is a 59-unit apartment building for residents with physical disabilities. In 2017, we began a multi-year kitchen renovation project and have completed 20 full renovations. Work has slowed due to COVID-19 and in 2020/2021 our goal is to complete 10 more kitchens.



Oak Park Neighbourhood Centre

Seniors Program

The Oak Park Neighbourhood Centre provides welcoming community supports through diverse programs and resources. We would like to restart our Seniors program after many requests. In order to continue safely, we would operate twice a week to allow for social distancing and use increased sanitizing supplies to provide chair exercises, a light lunch and speakers.



Oakville & Milton Humane Society

Operations

The Oakville & Milton Humane Society protects animals in the community and helps to make their lives better. Many diseases, parasites and bacteria enter animal shelters every day, making cleaning and sanitizing extremely important. Heavy duty commercial dishwashers, air purifiers with HEPA filters and additional storage will help keep the environment clean and animals safe.



Oakville Community Foundation

Community Classroom

Community Classroom Online continues to provide arts, cultural, heritage and environmental programming to Oakville's publicly-funded elementary schools for free. Help a student from junior kindergarten to Grade 8 experience a virtual or live streamed program from a local community organization.



Oakville Hospital Foundation

Operations

As we focus on living with and mitigating the risk of COVID-19, there is an ongoing need for medical equipment at Oakville Trafalgar Memorial Hospital. Current priorities include supporting the surgical program for our new orthopedic, ENT and urology surgeons including the purchase of a new OR table.





Oakville Meals on Wheels

Subsidized Meal Program

Oakville Meals on Wheels provides a subsidized meal program upon request from other service agencies which has now been expanded. Due to COVID-19, there has been an increase in requests for subsidized meals for clients who are struggling to pay their bills and are in need of a nutritious meal.



Oakville Suzuki Association

Operations

The Oakville Suzuki Association provides music education and training using the method that all children can develop musical ability in a positive environment. COVID-19 has caused the cancellation of programs and summer camp and a downturn in registrations, putting the Association in jeopardy. Funding would help continue running the association and retain teachers.



Oakville Symphony

Operations

The Oakville Symphony brings the joy of live, large-scale symphonic music to the community. COVID-19 has resulted in the cancellation of half of the subscription season. We have moved to some online content but this does not replace the in-person revenue. Funding will support staff, new technology and membership fees.



Radius Child & Youth Services™
PREVENTION • INTERVENTION • RESEARCH

Radius Child and Youth Services

Operations

Radius Child and Youth Services helps children, youth and families build their futures free from abuse, neglect and violence. Radius recognizes that self-isolation has decreased children's contact with adults outside the home. There is currently a growing wait time for services that require more funding.



Reach Out Centre for Kids (ROCK)

Operations

ROCK provides services and programs for children, youth and their families to improve their lives and relationships. The safety of all ROCK staff and clients who require in-person services is essential. Staff is required to keep up with the increased demands of workplace health and safety, including cleaning, reporting and monitoring.



SafetyNet Children and Youth Services

Operations

SafetyNet Children and Youth Services alleviates financial stress faced by those living in poverty. The furniture program ensures good quality items are repurposed to furnish homes for families in need. Funding will help make up for the revenue interruption at the beginning of the pandemic as donations were suspended.



The Salvation Army Halton Lighthouse

Operations

The Salvation Army Halton Lighthouse provides emergency shelter beds, meals and other amenities to homeless community members. There is an increased risk of COVID-19 for those living in shelter settings that requires additional staffing and cleaning procedures.



Sexual Assault and Violence Intervention Services of Halton (SAVIS)

Operations

SAVIS supports survivors of violence with wraparound emergency and crisis services and supports. An additional counsellor is required to meet an increased demand in services to COVID-19 and ensure survivors in the community are getting the support they need.





Shifra Homes Inc.

Residential Program

The Residential Program at Shifra Homes offers a safe haven and wraparound services for young, homeless, pregnant women and their babies. The COVID-19 pandemic has resulted in increased requests for mental health services both from current and past clients. Funding will expand access to services.



Society of Saint Vincent de Paul - St. Matthew Conference

Angel Tree Program

The Society of Saint Vincent de Paul - St. Matthew Conference is a Catholic organization that supports families in need in the Glen Abbey neighbourhood of Oakville. The Angel Tree program provides grocery cards and gift cards during Christmas to community members in need.



St. Luke's Anglican Church

The Nourishing Neighbours COVID Support Project

Nourishing Neighbours is St. Luke's Anglican Church's weekly food program. Funding will help ensure greater wellbeing and stability for residents in North Oakville by providing them with additional products like meat, toiletries and non-perishable foods.



Start2Finish Canada

Brainworx! Learning Enhancement Program

The Brainworx! Learning Enhancement Program is a new online education platform that will break the cycle of poverty and provide educational support. The program will help vulnerable kids in Grades 1-6 develop a love for learning with literacy, physical activity and more.



STRIDE

Stress Survival Kits to Improve Mental Health & Physical Health to Enhance Employment Outcomes

STRIDE services the employment needs of individuals facing mental health and addiction challenges. The Stress Survival Kits will include a collection of tools and products to provide quick relief from stressors, in a time where stress and mental health issues are exacerbated by the COVID-19 pandemic.



Tempus Choral Society

Operations

The Tempus Choral Society is a non-auditioned choir that provides choral learning and performance opportunities. The COVID-19 pandemic caused the cancellation of concerts and in-person rehearsals. Funding will go towards new technology, the purchase of music to make up for the reduced membership cost.



United Way Halton & Hamilton

Operations

Are you undecided on who to donate to but still want to improve lives and build community? Donate to the United Way Halton & Hamilton for your end-of-year giving. The United Way ensures an essential network of programs and services work together to achieve lasting, positive change.



Wellspring Cancer Support Foundation

Well on the Web Online Centre

Nearly 30,000 Canadians diagnosed with cancer await life-saving surgeries that were postponed or cancelled due to the COVID-19 pandemic. The Well on the Web platform is a comprehensive online centre that provides group programs, webinars, peer support and more.





Willow Foundation

Operations & Virtual Music Therapy

The Willow Foundation is dedicated to improving the health and wellness of older adults living in long term care and adult day programs in Oakville. Music therapy has been shown to decrease agitation and promote wellbeing and cognitive skills and continue virtually.



The Women's Centre of Halton

Expand Virtual Peer Support - Women Supporting Women

The Women's Centre of Halton supports women in crisis, distress or transition through peer support, counselling, education, seminars and more. Support has moved virtual due to COVID-19 and needs expanded hours to keep up with the increased demand.



YMCA of Oakville

Halton Sport Leadership Program

The Halton Sport Leadership Program is a collaborative program that provides low-income, at risk with free opportunities to develop sport leadership training and improve their sense of belonging in the community. Participants will have increased health and wellness supports, education and training.

Find the Oakville Resiliency Report online at www.theocf.org/oakville-resiliency-report/

Find the digital **GIVEOakville** Catalogue at www.giveoakville.ca

ABOUT THE FOUNDATION

The Oakville Community Foundation is Oakville's leading philanthropic solutions provider, assisting philanthropists in giving locally and around the world. We believe that the future strength and prosperity of our community begins with long-term investments made today.

We understand Oakville - from the local issues and needs to the agencies doing the best work to address these issues, such as the ones identified in this report and giving catalogue. We help individuals, like you, make real change by giving back to the community.

The Foundation was founded in 1994 by a small group of Oakville residents who were dedicated to the future of the Town and ensuring the community was always supported. We are a trusted steward of more than \$110 million in investments and have granted over \$47 million in more than 25 years.

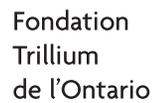
Research like this report helps us guide how decisions in the community are made and where granting dollars have the most impact. Using this information and our experience, we can guide you through your philanthropic journey in the community.

BUILDING COMMUNITY THROUGH PHILANTHROPY

- The Foundation facilitates many initiatives and programs to support the community and those who live within it, including helping residents realize their philanthropic goals.
- Community Classroom is now offered online in Oakville's publicly-funded elementary schools from junior kindergarten to Grade 8 so students can enjoy a local arts, culture, heritage and environmental experience.
- The Community Education Awards Hub is a one-stop online source for students in the Oakville area looking for bursaries, scholarships and educational awards - and a place for individuals, businesses, and community organizations to offer them!
- The Women's Giving Collective offers a place to amplify your giving and learn about the community in a place of camaraderie, connections and support.
- The Emergency Community Support Fund and Investment Readiness Program are both programs we have been able to take part in thanks to our membership within Community Foundations of Canada - giving us a national lens to use locally.
- And more! Visit our website at www.theocf.org to learn more about how we can support you!



THANK YOU TO OUR PARTNERS FOR
THEIR SUPPORT.



COMMUNITY
FOUNDATIONS
OF CANADA