

LifeTrail®

Advanced Wellness System



LifeTrail® Advanced Wellness System

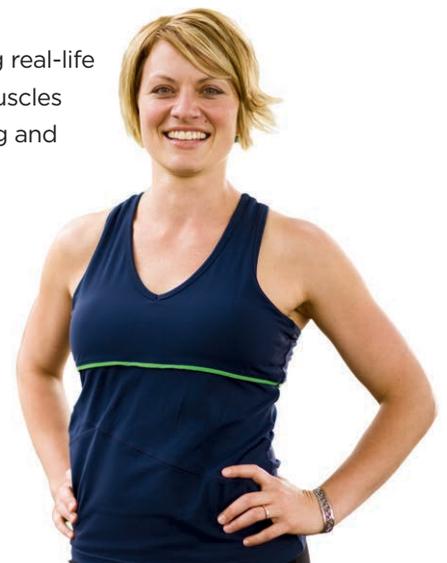
LifeTrail® Advanced Wellness System is an outdoor wellness system that has been specifically designed for older adults. Outdoor wellness equipment for this demographic is cutting edge! It's getting older adults outside and back to nature.

LifeTrail is based on **Functional Fitness**, which focuses on building a body capable of doing real-life activities in real-life situations. The key to functional exercise is integration, where all the muscles work together rather than isolating to work independently. This system utilizes core training and balance to help train the users.

LifeTrail Advanced Wellness System is an advanced version of the original LifeTrail, which was designed in collaboration with gerontology, kinesiology and recreation experts from Pennsylvania State University and introduced in 2003.

LifeTrail was developed in partnership with wellness and fitness expert Danielle DuVall, an American Fitness Professionals Association (AFPA) **Functional Fitness** certified, kinesiology and gerontology specialist with over 12 years' experience in the field of senior fitness.

Danielle DuVall
Leading Gerontology & Kinesiology Specialist
Co-creator of LifeTrail Advanced Wellness System



How Does LifeTrail Advanced Wellness System Work?



Rather than isolating the muscles to work them independently, LifeTrail Advanced Wellness System uses functional fitness, an integrated approach that encourages all the muscles to work together to better prepare the body for the demands of real life.

- 1** Each station offers three activity panels and multiple, progressive exercises to keep workouts fun and challenging.
- 2** User-friendly instructional panels make it easy to customize the workout according to comfort level and ability.
- 3** Users apply their own body weight as resistance on the majority of activities, to build total-body strength, flexibility, and balance.
- 4** Safety bars help beginners get accustomed to the equipment, but can be relied upon less as strength level grows.
- 5** Smaller muscles that stabilize the joints get strengthened too, giving users greater movement and preventing injury.
- 6** Closed-chain exercises, which keep feet in contact with the ground while users bear their own weight, make the muscles work together in the same multi-joint movements they would in daily life.

Watch instructional videos for all 159 exercises at Playworld.com/LifeTrail

LifeTrail Real-Life Success Stories

The LifeTrail research study was conducted (by Ian Proud) in partnership with staff at RiverWoods Senior Living Community in Lewisburg, PA. Residents with an average age of approximately 78 years old completed a six week LifeTrail regimen. Before and after this period, these participants were assessed using a nationally accepted standard, the Senior Fitness Test by Rikli & Jones. On average, the participants saw a:

- **49% increase in upper body strength**
- **31% increase in lower body strength**
- **14% increase in agility and dynamic balance**
- **13% increase in balance**
- **6% increase in aerobic endurance**

“Someone told me getting older is not for sissies. I understand what they mean when I get out of bed in the mornings and just ache. So I go out and use LifeTrail. It makes me feel better all over and also feel



like I’ve accomplished something worthwhile. LifeTrail is really making a difference in my life.”

–Gerry Aldinger

“I recently had a stroke, which took away control of my right side. LifeTrail uses muscles I don’t ordinarily use, even with my limited mobility, and gets me outside with



friends. The exercises are really helping me.”

–Maxine Russell

“LifeTrail makes me feel positive about life. It strengthens my arms, stomach muscles, and legs, and gives me more energy for the rest of my day.”



–Gladys Eichelberger

“Seeing the LifeTrail equipment on campus reminds us that we need to get out and exercise. After we do the LifeTrail exercises, we actually feel the benefits and increased mobility. It’s been a great addition to our campus and to our own well-being.”



–Joan & Bruce Fisher

“LifeTrail is great for me because it makes me go outdoors to participate. I love the flexibility to make adjustments to the program and do the exercises



at my own pace. I feel better all over and have more energy to face life.”

–Jeanette Cruse

Proven Results for a Better Quality of Life

LifeTrail Advanced Wellness System promotes and supports the key elements of physical wellness that make for a better quality of life:

Result: Better Posture

Benefit: Decreases the risk for arthritis in the spine

As users go through the proper motions of each exercise, they're naturally standing taller, drawing their shoulder blades down, elongating the neck, and bringing the hips into neutral alignment—all the elements of good posture.

Result: Improved Balance

Benefit: Prevents dangerous falls

LifeTrail's exercises include elements of controlled instability—a technique that actually builds the user's stability.

As users become stronger, they can take away points of contact (such as not holding on to the safety bars) to improve their balance.

Result: Greater Flexibility

Benefit: Decreases the risk of injury, decreases lower back pain

A complete workout on LifeTrail actively stretches most of the body's muscles - including the smaller, joint-stabilizing muscles that many workouts overlook.

Result: Increased Strength

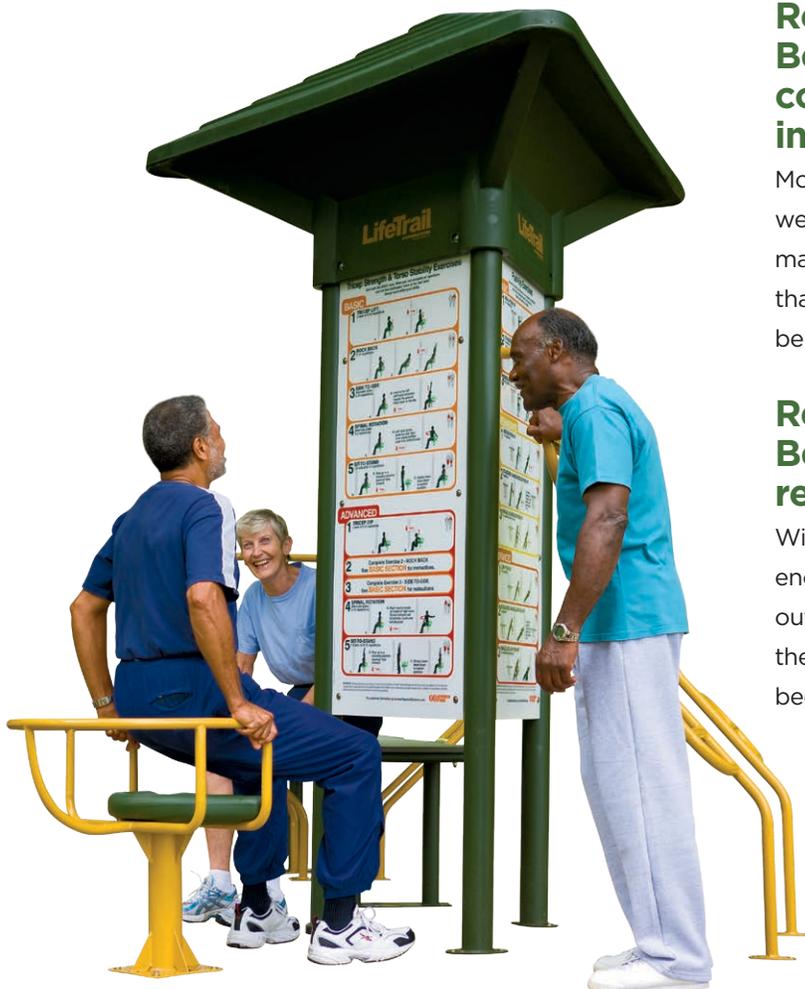
Benefit: Improve the ability to complete every day tasks with independence

Most LifeTrail exercise uses your own body weight as resistance—rather than free weights or machines—in order to build strength in a way that's constantly challenging without ever being intimidating.

Result: More Muscular Endurance

Benefit: Boosts energy and reduces fatigue

With 159 possible exercises, LifeTrail offers enough variety to keep users motivated to work out regularly. The more they workout, the more their muscle endurance grows, and the easier it becomes for them to stay active longer.



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Easy-Order System Packages

Customizing your system is even easier with one of our system packages.

All-Inclusive System

- All 7 three-sided stations (all shown below)
- 3 activity panels per station (15 regular activity panels and 6 wheelchair-accessible activity panels)
- Multiple exercises per activity panel, for 159 total exercises

Stations with a roof.....Weight - 3,491 lbs (1584kg)

Stations without a roof...Weight - 3,148 lbs (1428kg)

Standard System

- 5 three-sided stations (stations 1-5 shown below)
- 3 activity panels per station (15 regular activity panels)
- Multiple exercises per activity panel, for 113 total exercises

Stations with a roof.....Weight - 2,677 lbs (1215kg)

Stations without a roof...Weight - 2,432 lbs (1104kg)

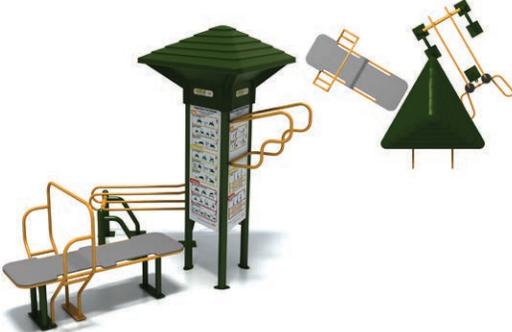
FREE Programming Guide with your purchase, packed with instructional videos, community-building activities, and more.

Recommended System

The following station arrangement is recommended for your users to get the most out of every workout. You can also mix and match any of the 21 activity panels to create your own stations. Turn the page to learn more about each activity panel.

| | Top View | ACTIVITY PANELS | STATIONS WITH A ROOF | STATIONS WITHOUT A ROOF |
|------------------|---|--|--|--|
| STATION 1 |  | <p>Welcome Sign</p> <p>Lower-Body Cycling Exercises</p> <p>PNF Exercises</p> | <p>Item: LAWS-1R-SM</p> <p>Weight: 542 lbs (246kg)</p> | <p>Item: LAWS-1C-SM</p> <p>Weight: 493 lbs (224kg)</p> |
| STATION 2 |  | <p>Hip Lift & Thigh Squeeze Exercises</p> <p>Push-Up Exercises</p> <p>Wobble Board Exercises</p> | <p>Item: LAWS-2R-SM</p> <p>Weight: 509 lbs (231kg)</p> | <p>Item: LAWS-2C-SM</p> <p>Weight: 460 lbs (209kg)</p> |
| | | | Concrete pad size: 16' x 13' (4,88m x 3,96m) | |
| | | | Concrete pad size: 18' x 15' (5,49m x 4,57m) | |

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| | Top View | ACTIVITY PANELS | STATIONS WITH A ROOF | STATIONS WITHOUT A ROOF |
|------------------------|---|---|--|---|
| STATION 3 |  | <p>Upper-Body Cycling Exercises</p> <p>Squat Exercises</p> <p>Tricep Strength & Torso Stability Exercises</p> | <p>Item: LAWS-3R-SM Weight: 373 lbs (170kg)</p> <p>Concrete pad size: 14' x 13' (4,27m x 3,96m)</p> | <p>Item: LAWS-3C-SM Weight: 324 lbs (147kg)</p> |
| STATION 4 |  | <p>Inverted Row & Core Exercises</p> <p>Weighted Squat Exercises</p> <p>Shoulder Stability & Strength Exercises</p> | <p>Item: LAWS-4R-SM Weight: 575 lbs (261kg)</p> <p>Concrete pad size: 22' x 16' (6,71m x 4,88m)</p> | <p>Item: LAWS-4C-SM Weight: 526 lbs (239kg)</p> |
| STATION 5 |  | <p>Stair Exercises</p> <p>Overhead Press Exercises</p> <p>Standing Stretches & Yoga Poses</p> | <p>Item: LAWS-5R-SM Weight: 678 lbs (308kg)</p> <p>Concrete pad size: 18' x 21' (5,49m x 6,4m)</p> | <p>Item: LAWS-5C-SM Weight: 629 lbs (286kg)</p> |
| STATION 6 (ADA) |  | <p>PNF & Leg Extension Exercises (ADA)</p> <p>Tricep Strength & Torso Stability Exercises (ADA)</p> <p>Upper-Body Cycling Exercises (ADA)</p> | <p>Item: LAWS-1R-ADA-SM Weight: 342 lbs (156kg)</p> <p>Concrete pad size: 16' x 17' (4,88m x 5,18m)</p> | <p>Item: LAWS-1C-ADA-SM Weight: 293 lbs (133kg)</p> |
| STATION 7 (ADA) |  | <p>Overhead Press (ADA)</p> <p>Stretch Exercises (ADA)</p> <p>Shoulder Stability & Strength Exercises</p> | <p>Item: LAWS-2R-ADA-SM Weight: 472 lbs (215kg)</p> <p>Concrete pad size: 21' x 20' (6,4m x 6,1m)</p> | <p>Item: LAWS-2C-ADA-SM Weight: 423 lbs (192kg)</p> |

Customize Your System

LifeTrail Advanced Wellness System is customizable to fit your community's budget and space. Our design team will walk you through these five simple steps.

1 Select Your Frame

LifeTrail Advanced Wellness Stations can be roof-topped or post-capped.

Frame with a roof ZZLT0045S

Weight - 204 lbs (93kg), Height 9' 2" (2,8m)

Choose one post color and one rotomolded plastic color for roof.

Frame without a roof ZZLT0044S

Weight - 3,148 lbs (1428kg), Height 7' 2" (2,18m)

Choose one post color.



2 Pick Your Activity Panels

Choose three activity panels for each station in your system. See all 21 LifeTrail activity panels - including six wheelchair-accessible panels - on pages 9-12.



3 Assemble Your Stations

Your selected (3) activity panels, along with your selected (1) frame, will be assembled to create your system of 3-sided stations. See our recommended system on pages 5-6.



4 Choose Your Layout

LifeTrail Advanced Wellness System can be installed in the following

- A) Cluster - great for circuit training and programming. Install your stations close together on one concrete pad, close to your facility.
- B) Courtyard - great for circuit training and programming. Install each station on its own concrete pad, close to each other, even close to your facility.
- C) Trail - install each station along a trail, approximately 100 yards (91,44m) between each other for greater endurance and a walking-enhanced fitness routine.

Install your LifeTrail system via a surface mount for installation on a concrete pad for predictable traction. LifeTrail is also available in an in-ground mount version.

Trail System



Cluster System



Courtyard System



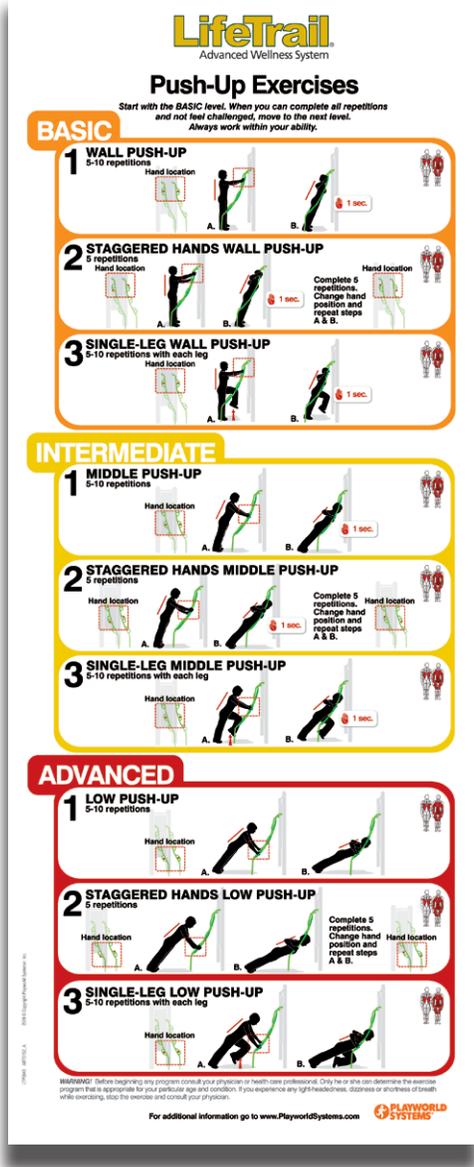
5 Create Your Color Palette

Choose from any of our available colors to create a palette that matches your community's aesthetic. See the LifeTrail brochure for color options.

21 Activity Panels. 159 Exercises. Countless Health Benefits.

Choose from our complete line of 21 activity panels to create a system of up to 7 three-sided stations. Each activity panel features multiple exercises, for a total of 159 possible exercises.

Watch instructional videos for all 159 exercises at Playworld.com/LifeTrail



Anatomy of an Activity Panel

The LifeTrail Advanced Wellness System activity panels have been designed and fully tested to meet the needs of older, active adults.

- Many exercises are divided and color-coded into **three segments** (basic, intermediate and advanced) to allow users to work out at their own comfort level, and progress as their fitness improves.
- Multiple exercises cater to all fitness levels, from beginner to advanced.
- Each exercise includes an example of the target muscle groups to be worked.
- Number of repetitions are listed for each exercise.
- Each activity panel includes detailed instructional signage and any matching exercise equipment.
- Large images and text make the instructions easy to read and understand.
- Text and image colors have the most readability for older adult optical health.
- When necessary, exercise equipment can be adjusted to fit the user's height.
- Risk management disclaimer appears at the bottom of every panel.
- Website is listed on every panel and will have more information including instructional videos for each exercise.

A minimum of 3 activities panels (or 1 station) is necessary for purchase. For users to receive the maximum health benefits, we recommend purchasing all activity panels. All item numbers listed are for surface mount activity panels. In-ground mount available upon request. Activity panels are shown without roofs. Roof-topped versions are also available.



Welcome Sign

Provides helpful instructions on how to use the system and maintain proper form as you exercise. Customize it for an additional fee to promote local sponsors or community priorities.

ZZLT0066
WEIGHT 21 lbs. (10kg)



Custom Sign (optional)

Custom signage is an excellent way to display funding partners, sponsors, dedications.. and more!

ZZLT0065
WEIGHT 21 lbs. (10kg)

***If your customer is interested, order this instead of the welcome sign.**

***A LifeTrail Custom Signage request will need to be submitted to Marketing, via the electronic Request Form on the BBS.**

No color choice. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.

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Hip Lift & Thigh Squeeze Exercises

Hip lifts strengthens the hamstrings, glutes, and lower back muscles, while inner thigh squeezes build the hip adductor muscles, pelvic floor, and transverses abdominus muscles. Hip stretches focus on lengthening the piriformis muscle. Platform features a non-slip surface for added safety. Ideal for rehab.

Functional Fitness benefits:

- Increased lumbar spine stability
- Decreased back pain
- Greater pelvic floor control
- Improved posture
- Greater ability to stand up from a chair

ZZLT0057S
WEIGHT 135 lbs. (626kg)

Choose one post, one component and one rotomolded plastic colors. The bench will automatically come in grey, textured plastic. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Inverted Row Exercises

Strengthens neck, rear deltoid, abdominal, and scapular retraction muscles, as well as the torso stabilizers, hip abductors, and gluteus medius. Platform features a non-slip surface for added safety.

Functional Fitness benefits:

- Greater ability to pull one's own body weight or open heavy doors
- Improved hip and knee stability
- Decreased knee pain

ZZLT0049S
WEIGHT 159 lbs. (73kg)

Choose one post and one component color. The bench will automatically come in grey, textured plastic. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Lower-Body Cycling Exercises

Builds torso, leg, and glute strength, while raising muscle temperature by increasing blood flow to the muscles of the torso and lower body.

Functional Fitness benefits:

- Increased lower body endurance
- Decreased knee pain
- Increased muscle temperature, which decreases risk of muscle strains with larger exercise movements
- Promotes joint lubrication

ZZLT0047S
WEIGHT 166 lbs. (76kg)

Choose one post, one component and one rotomolded plastic color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Push-Up Exercises

Builds upper body strength in the arms, chest, torso, strengthens the muscles in the upper back, and increases arm and shoulder flexibility.

Functional Fitness benefits:

- Greater ability to push one's own body weight
- Greater ability to break a fall with arms and protect face if falling forward

ZZLT0050S
WEIGHT 44 lbs. (20kg)

Choose one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.

A minimum of 3 activities panels (or 1 station) is necessary for purchase. For users to receive the maximum health benefits, we recommend purchasing all activity panels. All item numbers listed are for surface mount activity panels. In-ground mount available upon request. Activity panels are shown without roofs. Roof-topped versions are also available.



Overhead Press Exercises

Extends the shoulders to strengthen the arms, shoulders, and upper back muscles. This activity includes several wheelchair-accessible exercises.

Functional Fitness benefits:

- Greater ability to lift objects overhead
- Stronger hip stabilizers when one foot is lifted

ZZLT0058S
WEIGHT 208 lbs. (95kg)

Choose one post and one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Shoulder Stability & Strength Exercises

Strengthens the small muscles that stabilize the shoulder joint, while increasing arm, shoulder and middle back muscle strength.

Functional Fitness benefits:

- Greater protection from shoulder joint and rotator cuff injury
- Improved posture
- Greater ability to pull one's own body weight, such as when using the handles to get out of a car

ZZLT0048S
WEIGHT 39 lbs. (18kg)

Choose one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Proprioceptive Neuromuscular Facilitation (PNF) Exercises

Builds coordination and flexibility in diagonal patterns through the shoulder and hip joints. Strengthens the rotator cuff muscles and facilitates scapular retraction. Also builds the gluteus medius.

Functional Fitness benefits:

- Greater range of motion
- Increased shoulder stability and decreased shoulder pain
- Greater hip stability
- Decreased risk of overuse injuries
- Improved posture
- Improved balance and stability while walking

ZZLT0054S
WEIGHT 151 lbs. (69kg)

Choose one post, one component and one sheet plastic color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Squat Exercises

Three squat exercises to build three different areas of the body: the front squat increases lower body strength and flexibility in the ankles, hips, and knees; the lateral squat builds dynamic flexibility of inner thigh muscles and lateral strength in the hips and legs; and the split squat develops single leg strength, balance, and dynamic flexibility in the hip flexors.

Functional Fitness benefits:

- Stronger legs for gardening
- Greater ability to stand up from a low chair or stool
- Increased lower body flexibility
- Improved gait when walking
- Improved posture
- Decreased knee pain

ZZLT0052
WEIGHT 41 lbs. (19kg)

Choose one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Stairs Exercises

Strengthens the hip stabilizing muscles and stretches the hip flexors while developing single leg strength in linear and lateral planes.

Functional Fitness benefits:

- Increased lateral hip stability for improved balance while walking
- Greater ability to go up and down stairs
- Greater ability to keep hips over knees for improved posture

ZZLT0055S
WEIGHT 245 lbs. (112kg)

Choose one post, one component and one EcoArmor™ color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Upper-Body Cycling Exercises

Forward and backward circular movements increase muscular temperature, build cardiac endurance, promote joint lubrication, and increase torso, shoulder, and arm muscle strength.

Functional Fitness benefits:

- Increased upper body endurance
- Increased torso strength, which decreases risk of back injuries
- Increased muscle temperature, which decreases risk of muscle strains with larger exercise movements

ZZLT0046
WEIGHT 76 lbs. (35kg)

Choose one post and one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.

A minimum of 3 activities panels (or 1 station) is necessary for purchase. For users to receive the maximum health benefits, we recommend purchasing all activity panels. All item numbers listed are for surface mount activity panels. In-ground mount available upon request. Activity panels are shown without roofs. Roof-topped versions are also available.



Standing Stretches & Yoga Poses

Stretches the obliques and strengthens the muscles of the lower body.

Functional Fitness benefits:

- Improved balance
- Increased single leg strength

ZZLT0063
WEIGHT 21 lbs. (10kg)

Choose one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Weighted Squat Exercises

Strengthens legs and hip stabilizers.

Functional Fitness benefits:

- Greater ability to lift heavy objects, such as laundry baskets, boxes, wheelbarrows, even grandchildren.

ZZLT0053S
WEIGHT 173 lbs. (79kg)

Choose one post and one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Triceps Strength & Torso Stability Exercises

Stretches the oblique and lower back muscles, while improving spinal rotation and increasing abdominal, triceps, and leg strength.

Functional Fitness benefits:

- Increased spinal flexibility, which helps nourish spinal discs
- Increased leg strength, making it easier to stand up from a chair
- Greater torso stability for decreased back pain
- Greater ability to lift body weight with the tricep muscles, as when getting out of a deep chair

ZZLT0056S
WEIGHT 52 lbs. (24kg)

Choose one post, one component and one rotomolded plastic color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Wobble Board Exercises

Builds leg strength, and hip, knee and ankle flexibility. It applies a proprioceptor stress, which challenges users to evenly distribute weight throughout the joints of their lower body while improving their balance. And balance exercises are ideal for rehab. Wobble Board features a non-slip surface for added safety.

Functional Fitness benefits:

- Improved balance
- Improved posture

ZZLT0051S
WEIGHT 126 lbs. (58kg)

Choose one post and one component color. Standing surface will automatically come in grey, textured plastic. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.

Continued on Page 10 6 Wheelchair-Accessible Activity Panels



A minimum of 3 activities panels (or 1 station) is necessary for purchase. For users to receive the maximum health benefits, we recommend purchasing all activity panels. All item numbers listed are for surface mount activity panels. In-ground mount available upon request. Activity panels are shown without roofs. Roof-topped versions are also available.

Wheelchair-Accessible Activity Panels

Promote inclusive exercise in your community with our six wheelchair-accessible activity panel options, specially designed to meet ADA guidelines.



Overhead Press Exercises (ADA)

Strengthens the arm, shoulder, and upper back muscles via shoulder extensions. This activity includes several able-bodied exercises.

Functional Fitness benefits:

- Greater ability to lift objects overhead

ZZLT0058S

WEIGHT 208 lbs. (95kg)

Choose one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Stretches (ADA)

A series of total body stretches to promote shoulder blade protraction/retraction, lower back extension, neck rotation, hip abduction, deep belly breathing, and more.

Functional Fitness benefits:

- Increased lung capacity and greater ability to pull oxygen deeply into lower part of lungs for a relaxation release
- Stronger spinal erectors for greater strength and reduced pain in the lower back
- Increased range of motion in the neck and decreased neck pain

ZZLT0064

WEIGHT 21 lbs. (10kg)

No color choice. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Proprioceptive Neuromuscular Facilitation (PNF) Exercises (ADA)

Builds coordination and flexibility in diagonal patterns through the shoulder, while facilitating scapular retraction and strengthening the rotator cuffs muscles. Also includes hamstring stretches for those who are able.

Functional Fitness benefits:

- Greater range of motion
- Increased shoulder strength and decreased shoulder pain
- Greater hamstring and spinal flexibility
- Decreased risk of overuse injuries

ZZLT0061S

WEIGHT 31 lbs. (15kg)

Choose one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Triceps Strength & Torso Stability Exercises (ADA)

Features thigh squeeze, which strengthens the inner thigh, pelvic floor and transverse abdominus muscles. Additional exercises stretch the obliques, while improving spinal rotation and strengthening the abdominal and tricep muscles.

Functional Fitness benefits:

- Increased spinal flexibility, which helps nourish spinal discs
- Increased pelvic floor control, which contributes to bowel control
- Greater torso stability for decreased back pain
- Greater ability to lift body weight with the tricep muscles, as when getting out of a chair

ZZLT0062S

WEIGHT 31 lbs. (15kg)

Choose one post and one rotomolded plastic color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Shoulder Stability & Strength Exercises (ADA)

Strengthens the small muscles that stabilize the shoulder joint, while increasing arm, shoulder, abdominal, and middle back muscle strength.

Functional Fitness benefits:

- Greater protection from injury for the shoulder joint and rotator cuff
- Improved posture
- Increased torso stability

ZZLT0060

WEIGHT 39 lbs. (18kg)

Choose one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.



Upper-Body Cycling (ADA)

Forward and backward circular movements increase muscular temperature, build cardiac endurance, promote joint lubrication, and increase torso, shoulder, and arm muscle strength.

Functional Fitness benefits:

- Increased upper body muscular endurance
- Increased torso strength, which decreases the risk of back injury
- Decreased risk of muscle strains during larger exercise movements

ZZLT0059

WEIGHT 76 lbs. (36kg)

Choose one post and one component color. Note: this item is the activity panel (sign and equipment only). Frames/posts are sold separately.

A minimum of 3 activities panels (or 1 station) is necessary for purchase. For users to receive the maximum health benefits, we recommend purchasing all activity panels. All item numbers listed are for surface mount activity panels. In-ground mount available upon request. Activity panels are shown without roofs. Roof-topped versions are also available.

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Playworld Systems' products are built to last, with premium materials that are the most weather-resistant, vandal-resistant in the industry. For a more detailed list of our materials, visit PlayworldSystems.com/Materials.

Super Durable Polyester Powder Coating

- Enhanced, light-stable pigments provide superior UV stability and gloss level retention
- Resists fading up to three times better than the standard TGIC polyester paint

Rust Defender

- Adds an extra layer of protection against rust to our already Super Durable Polyester Powder Coating
- Keeps weld joints, brackets and high-traffic areas in peak condition

Rotomolded Plastic

- Made with compounded resins for better color absorption and twice the impact resistance of dry-blended resin
- Resistant to UV radiation and solvents so it won't fade or fall victim to permanent graffiti

Fiberglass Panels

- Made of UV stabilized polyester resin reinforced with chopped fiberglass mat
- All copy and graphics are permanently embedded into the fiberglass
- Cannot be defaced by steam, mild acids, scratching, inks or paints

Tamper-Resistant Stainless Steel Hardware

- Stainless steel hardware will never rust or corrode
- Tamper-resistant bolts included on all clamps and exposed connections
- Locking nuts prevent loosening during use
- Most bolts require only a TORX head driver for easier, hassle-free assembly

Triple-Coated Posts and Tubing

- Triple-coated with high-shield, high-tensile strength and corrosion resistance
- Baked-on powder coating creates durable exterior finish that stays beautiful
- Available in galvanized steel or recycled aluminum

Coped Welding

- Creates stronger, smoother joints because more of the tubing surface is in direct contact at the weldment
- Able to withstand constant use and varying weight loads
- Smoother than traditional flat welds, making them less susceptible to rust

Warranty:

- Standard Playworld Systems warranty applies.

100% PVC-FREE Materials

Playworld Systems is proud to lead the industry in Green Action. Even before words like "green" and "carbon footprint" became everyday vernacular, we were doing things differently, investing significant time and money to improve our processes and bring about real environmental change within our company. We have even eliminated 100% of PVCs from LifeTrail, thanks to Eco-Armor[®], our healthy, durable alternative to PVC coatings. It's our way of making sure every generation has a healthy planet to play on.